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**ONE OF THE FIRST FEMALE MOTORCYCLE RACERS OF HER TIME REVEALS
HOW TO LIVE LIFE TO THE FULLEST IN HER UNUSUAL MEMOIR**

From Female Road Warrior to Spreadsheet Jockey...

San Francisco – November 20, 2010 - The unusual life-story of a woman's journey of adventure, freedom, and motorcycle racing, stopped by the noose of corporate conditioning and career burn out is chronicled in Birgit Soyka's new memoir *To Drink the Wild Air: A Woman's Quest to Touch the Horizon*.

From the nights, she spent sleeping on the hood of her car, watching the stars twinkle across the desert night sky in Arizona to the shocking experience of being kidnapped and robbed in Mexico City, Birgit's adventures gives readers a glimpse of her life racing along the twisting roads of untamed dreams and an obsession to follow the horizon.

An inspirational and entertaining narrative, Birgit's memoir recounts the journey from her wild motorcycle days in her homeland of Germany to the narrowing noose of career burnout in the United States, which left her with a momentous question: Is this all life has to offer? It was also the wakeup call to reclaim the fearless spirit of her youth and to combine it with her sophisticated adult wisdom.

Birgit was the only female breaking into the male dominated sport of motorcycle racing in southern California, showing courage and determination to win a championship against all odds and encountering injuries, destitution, homelessness, and the threat of deportation along the way.

Few people have lived life on the edge the way Birgit has. From her roots in Europe to her quest for freedom rolling through the U.S. on motorcycles and her newfound interest for environmentally friendly transportation, Birgit still seizes life with both hands, eagerly anticipating the next big adventure.

Audacious and honest with a healthy dose of humor, Birgit's story is a reminder to live life to the fullest, to persevere no matter what the obstacles, and to always remain true to yourself and your dreams.

ABOUT THE AUTHOR

Born and raised in Germany, Birgit Soyka became one of the first female motorcycle racers in her time. Her desire to live a "life less ordinary" drew her to an early passion for adventure, travel, and motorcycle racing. She worked several years for the motorcycle magazine "*mo*" in Germany and forged a successful U.S. business career in the Logistics sector that took her to various places in the world including Mexico, Switzerland, Luxembourg, and Africa. Eventually career burnout was the trigger to re-think her life. Today, she makes her home in San Francisco, California, and is planning an expedition to cross California on an electric bike – a feat that's never before been attempted or accomplished!

To Drink the Wild Air

One Woman's Quest to Touch the Horizon

By Birgit Soyka

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